

Future Box Tourism



Method | Sociometrics

Basics

Objective	Participants recognise the importance of communication and heterogeneity. A safe space that supports creative teamwork is created and existing groups might be broken up so that the participants then decide according to their interests and not according to friendships.
Competencies	The participants strengthen their competence to communicate.
Material	None
Form of social interaction	In plenary
Duration	Approx. 10 - 20 minutes

Brief Description

Participants line up according to predefined criteria. The method is well suited at the beginning of the event to get to know each other, to loosen up and/or to introduce the topic. It helps to create a "safe space" in which participants open up and in which it is easier to break up existing group constellations.

Preparation

No special preparation is necessary - except for thinking of appropriate categories, The participants are asked to line up according to these categories.

Implementation

1. Line up

Line up according to given criteria, for example

- Shoe size (from small to large)
- Date of birth (from 1 January to 31 December)
- ...

and then get into small groups according to one criterion, e.g. favourite food, to discuss a topic related to the event.

Regarding the topic 'future', the last line-up could cover two dimensions:

- from right → left: "I am optimistic about the future" → "I am pessimistic about the future".
- and
- from the front → back: "I can help shape the future" → "I am helplessly at the mercy of the future".

The groups that are formed as a result can discuss them briefly. After each constellation, individuals can be asked questions and then the method can be reflected upon (see 2. Reflection).



2. Reflect

Discuss what happened during the constellation using guiding questions such as:

- How did you feel?
- What was easy? What was difficult?
- ...

Note: For most of the criteria, the constellation is only successful if the participants talk to each other - and find what divides them as well as what connects them. This makes it possible to experience the importance of communication and the different communication channels that are available. In addition, the heterogeneity of the group becomes apparent, which offers a starting point for addressing the value of heterogeneity / multi-perspectivity / diversity.

Variations / Alternative

none

Good to know

The method is meant to relax and support the process of dissolving existing groups.

Follow-up / securing results

No special follow-up is necessary.